1	Name in full	:	Dr Kalpana Srivastava
2	Educational	:	 Master of Arts (Psychology), University of Allahabad,
	Qualifications		Allahabad,1986
	(Post-		M. Phil. (Medical & Social Psychology), Central Institute of
	Graduation		Psychiatry Ranchi
	onwards)		Ph. D. From Ranchi University.
3	Position	:	Scientist 'G', (Retd) Defence Research and Development ServiceDept. of Psychiatry,
			Armed Forces Medical College, Pune – 411 040
4	Administrative	:	(STIAC). The second phase of project is
	and leadership roles		completedas Co-Principal Investigator. App is
			developed and modules on Good Sleep, Social
			Connectedness and Mindfulness of psychological
			well being are developed. MANAS App was
			developed for the citizens of the country.MANAS
			App was launched by Governor of Maharashtra on
			11 TH November 2022 for 35000 students of
			Maharashtra University of Health Sciences. This will
			work as a bridge between the gap of mental health
			care provider and user. This corresponds with
			Positive Mental Health initiative on digital
			platform.
			 Expert engagement in EG-3 Subgroup II
			Thematic Group for Behavioral health training
			content- Invited as an expert for iGOT HRH Cell
			Ministry of Health and Family Welfare, Nirman
			Bhawan, developed modules on Grief counselling
			and Mental Health of Children during Pandemic
			COVID 19. This work was undertaken as
			thematic group of AYUSH/ Allied and Healthcare
			Science, for developing the desired training content
			 Member of task force on stress management constituted by Office of DGAFMS and NAMS 2023

	and Care in India" at National Institute of Mental Health and Neurosciences
	 Invited to attaend a meeting organized by NITI Aayog in collaboration with Ministry of Health and Family Welfare, Government of Organised a one-day National level workshop on "Strengthening Mental Health Services
	 Tele MANAS Mental health helpline was inaugurated by Chief of Defence Staff at AFMC for the service personal on 01ST Dec 2023 .Facilitated the execution.
	 Psychology organized by Ministry of Social Justice and Empowerment, Rehabilitation Council of India 17-18 th November 2023 NAMS and AFMS task force member on Mental Stress.
	 Invited as an expert in the meeting to deliberate on Clinical psychology program and nomenclature of discontinued M Phil Program in the country, organized by member health and Family division of NITI Ayog on 29th Aug 2023. Invited as subject matter expert in the field of clinical
	 Invited as Departmental expert for promotion and selection of Scientists in DRDO Attended follow up meeting deliberated in the field of Clinical Psychology organized by Ministry of Health .and family welfare on 24th AuG 2023
	 Core Committee Expert Member in selection of Scientists in DRDO

(NIMHANS), Bangalore on 9 th January
2024 , under the chairpersonship of Dr. V.K
Paul, Hon'ble Member (Health), NITI Aayog.
• The purpose of the workshop was to elicit the views of States and other stakeholders on existing gaps and challenges under the program and also to learn from few States, the best practices, which can further be replicated in other States/UTs with their own
contextualization. A tentative agenda of the
workshop is attached herewith.
 As Immediate Past President of Indian
Association of Clinical Psychologists(2019-
2021Feb), a premier body comprising of
approximately 2000 professionals, Spearheaded
the work during Covid 19 Pandemic and launched
a helpline 'Paramarsh' in seven languages for
mental health support across the country.
 Collaborated with Ministry of Health and Family
Welfare for providing information and guidelines
about managing distress during Pandemic 2019-2021
 Member of the Expert Committee on women
empowerment and leadership through sports and
physical activity. The Expert Committee, formedand
convened by the Sports and Society Accelerator
(SSA) in its capacity as an engagement partner of
NITI Aayog, will work directly with the Women's
EntrepreneurshipPlatform (WEP), NITI Aayog.
Member of Expert Committee of in

r - r	
	Rehabilitation Council of India.
	Chairperson Scientific Committee ANCEMP 2022 held at AFMC
	 Board Member for assessment of suitability of patients for Cochlear Implant surgery
	 Board member detailed for selection of Principal of Army Public School
	 Member of Internal Complaints Committee of Armed Forces Medical College
	 Co-opted member of selection committee of Principal of law school
	 Conducting workshop on positive mental health for soldiers and their families
	 Resource person on mental health for college students
	 Conducting lectures on Gender sensitization
	• Formulate guidelines for enhancement of mental
	health of students and personnel of the Unit

Publications	· [Citationa 2227
Fublications	•	
	•	More than 170 publications in various indexed National and
		International Journals of repute.
	•	Editor In Chief of Pub Med Indexed Journal of Industrial
		Psychiatry, from 2001 to Dec 2020.
	•	Edited Handbook of CBME based Undergraduate Psychiatry 2021
	•	Edited Handbook of Undergraduate Psychiatry FourthEdition 2011 Fifth edition 2015.
		Edited Handbook of Basic Psychiatry
		Contributed chapters in books
	•	Contributed Chapter on neurocognitive functions in psychiatric disorders published by Oxford University Press UK -2019
	•	Kalpana Srivastava (2010) Understanding the Medical student. Introduction to Medical Education Technology. Department of Medical Education, AFMC Pune. 41-50.
	•	Kalpana Srivastava Psychological Correlates of Psychopathy Handbook of Forensic Psychology To be published by Defence Institute of Psychological ResearchNew Delhi.
	•	Kalpana Srivastava Domestic Violence against Women Handbook of Forensic Psychology published by Author House Contributed
	•	Contributed chapter in Handbook of Family Medicine 2013
	•	Contributed Chapter in Saturday Clinics of AFMC
	•	Contributed chapter titled Computer-Based Testing
		Issues and Perspectives: Requirement of Formulating
	Publications	Publications : • • • • • • • • • • • • • • • • • • •

			 Guidelines in Indian Scenario in the Book released during International Conference on Psychological Assessment during 23th 25th November 2007 Contributed Chapter on Mental Health Challenges and perspectives in Armed Forces. In Mandal, M. K., Ramachandran, K & Gupta, A(Eds)<i>In service of the Soldier</i> <i>Life Sciences Perspective</i> New Delhi: Macmillan India Ltd. Contributed Chapter in book on Assessment & Selection of Personnel titled AFMC Life Events Scale A Scale to Quantify Stressful Life EventsAmong Service Personnel Published by Human Resource Consortium International. Prabhu HRA, Srivastava K, Bhat PS: Manual of Hospital safety published by Department of Hospital Administration, AFMC Pune (2009)
6	Experience	:	 32 Years of experience in Teaching, Clinical and Research Postgraduate recognized Professor for Psychology at Pune University. Examiner and teacher of psychology for Maharashtra University of Health Sciences, Nashik Examiner for Ph.D. at AIIMS and NIMHANS. M Phil Examiner at CIP Ranchi.
7	Awards / Honours	:	 Recipient of Chief of Army Commendation for Significant contribution to the Armed Forces services. Mentored MBBS Student for Codethon he received Avishkar award during AFMRC 2024 on Machine Learning project. Received Education Today Foundation Life Time Achievement Award on 8th April 2024.

4. Received PPA award for Best paper in Military Psychiatry
on Mental Health Literacy during ANACIAPI 2022 held at
KOTA from 16-18 th Dec 2022
5. Received PPA I award of IPS for best published paper 2022
6. Received Aruna Madan Award for contribution in
community mental health during ANCAIPI 2021 on
8 th March 2021
7. Received Life Time Achievement Award of Association
of School Counsellors at Delhi on 26 th Feb 2018
8. Outstanding contribution in the field of clinical
psychology in the country as the Icon of IACP during
Golden Jubilee Year of the Association.2018
9. Gayatri Gopal Award of Association of Industrial
Psychiatry of India 2015.
10. Col Kripal Singh Award on Longitudinal study of
Psychosis 2015
11. PPA Award for Best Paper in AIPI 2014.
12. Psycho Oration of Indian Association of Clinical
Psychologists 2013-14.
13. Col Kripal Singh Award Best Paper in Military Psychiatry
Award 2010 on extreme environment and cognitive deficits
14. Defence Institute of Psychological Research Raising Day
Special Award -2010 (Individual Category) forsignificant
contribution in Military Psychology 2010.
15. Marfatia Award of Indian Psychiatric Society on an
epidemiological study of Dementia under the Aegis of
National Mental Health Programme in Urban Pune
Maharashtra Chapter 2009
15 'Dr GC Boral Award' for best research paper on

			psychosocial aspects of job stress in industries in 2007
			16 XVI Asia Pacific Military Medicine Conference, 2006.
			Best Poster Award presentation on 'Life Satisfaction &
			Quality of Life Among Naval Personnel'
			17 Col Kirpal Singh Award' of Indian Psychiatry Society on
			study of Neuropsychological and Emotional aspects before and after Renal Transplant in 2005.
			18 'Best Paper Award During CME 2004'on Coronary Artery
			Disease and Cognitive Functions
			19 'PPA Award' of Industrial Psychiatry Association for 2005
			on Model of Therapeutic Interventions. For amputees.
			20 'Dr GC Boral Award' for best research paper on
			psychosocial aspects of job stress in industries in 2002
			21 'Col Kirpal Singh Award'Indian Psychiatry Society for
			best paper in Military Psychiatry on Quantification of
			Stressful life events in soldier 2001.
			22 'Shantiniketan Mental Health Award' for the best
			research paper on 'Psychiatric Morbidity in Industries' in
			2001.
			23 'Col Kirpal Singh Award' of Indian Psychiatry Society
			for best paper in Military Psychiatry on comparative study of AFMC and BJMC students in 1998.
8	Professional	:	 President of Association of Industrial Psychiatry ofIndia.
	Achievements		 Immediate Past President of Indian Association of Clinical
			Psychologists (present Executive Council Member)
			• Editor In Chief of 'Industrial Psychiatry Journal' - an official bi-
			annual publication of Association of Industrial Psychiatry of
			India since 2001 till Dec 2020

			• Core Committee member of Codethon 2023. organized by
			Centre for Development of Advanced Computing (C-DAC) a
			premier R&D organization for Research and Development in
			IT, MeitY, Government of India, jointly organizing MANAS
			Codeathon under the aegis of the Office of the Principal
			Scientific Adviser, Government of India. This programme is
			envisaged to sensitize the young minds towards mental
			wellbeing, nurture their innate potential, and give them a
			unique opportunity to contribute to psychological wellbeing. 6-
			8 th Oct 2023
			• Hon Gen Secretary of Indian Association of Clinical Psychologists 2014-16.2016-18.
			West Zone Council Member of Indian Association of Clinical
			Psychologists for period of 2003-2009
			Editorial Board Member of Indian Journal of Clinical
			Psychology.
			Editorial Board Member of Journal of Projective Psychology
			• Chairperson of Ethics Committee of Indian Association of
			Clinical Psychologists 2012
			Developed Guidelines on Psychotherapy Supervision and
			Training for Indian Association of Clinical Psychologists 2021.
			Member of Constitution Amendment Committee of IACP 2018-19
		•	Advisory Board Member for Codethon-MANAS organized by CDAC Benguluru.
9	Membership of Professional	: •	Life Fellow of Association of Industrial Psychiatry of India
	societies/instit		Life Fellow of Indian Association of Clinical Psychologists
	utions		Life Fellow of Somatic Ink Blot Society
		•	Life Fellow of Indian Association of Child and Adolescent Mental Health
			International Affiliate Member of American Psychology Association

		Life Member of Indian Association of Social Psychiatry Life Associate Member of Indian Psychiatric Society
	•	Member of Indian Association of child and Adolescent Mental Health
	•	Life Member of Pune Psychiatrists Association
	•	Life Member of Private Psychiatrist Association.

1. Development Of Scales and Questionnaire

- Developed computerized version of psychological tests
- Developed Quality of Life Scales for service personnel and their families
- Developed Module of intervention after amputation
- Developed Scale for assessment of Life Events for Armed Forces
- Developed Norms on assessment of Educative ability using Standard Progressive Matrices
- Developed software on Stress Management
- Developed MANAS App Collaborative project for positive mental health

2. Research Projects

a) International

i. WHO study of Ecology of stress

b) <u>National</u>

I. Under the aegis of Principal Scientific Advisor, Governmentof India, collaborative project on Mental Health Normalcy Augmentation System (MANAS), an Initiative for positive mental wasconceptualized. Armed Forces Medical College NIMHANS and CDAC are partners in the initiative. Proof of concept was approved by the Prime Minister's Science, Technology, and Innovation Advisory Council (STIAC). The second phase of project is completedas Co-Principal Investigator. App is developed and modules on Good Sleep, Social Connectedness and Mindfulness of psychological well being are developed. MANAS App was developed for the citizens of the country.MANAS App was launched by Governor of Maharashtra on 11TH November 2022 for

35000 students of Maharashtra University of Health Sciences. This will work as a bridge between the gap of mental health **care** provider and user. **This corresponds with Positive Mental Health initiative on digital platform. DRDO and Collaborative Projects**

- II. Principal worker in the DRDO based Indo-UK Research Project titled "Gender Integration and Resilience building for optimizing military performance". The project has been duly approved by O/O DGAFMS and sanctioned by DIPR (2017-2020). The project is completed and resilience building for soldiers and their families were undertaken. Project yielded sufficient evidence for the strategies to enhance psychological well being.
- **III. DIPR/PI/2004** Task Developmentproject on computerization of psychological tests in Hindi. Completed and Software given to all the centres.
- IV. Development and Standardization of Psychological Assessment Inventory for Admission of MBBS students in Armed Forces Medical College Phase. Job Analysis completed.
- V. DGHS PROJECT Epidemiology of Dementia in an Urban Center of Pune- An Armed Forces Medical College Initiative. Under the aegis of National Mental Health Program

ARMED FORCES MEDICAL RESEARCH COMMITTEE (AFMRC) PROJECTS AS PRINCIPAL WORKER

- Comparative study of Personality Profile and Pattern of adjustment of AFMC and BJMC students. Funded by AFMRC Principal Worker.
- ii. 2188/97 -Psychological Well Being of Medical students: A longitudinal Study.
 Project completed. Principal Worker. Funded by AFMRC.
- iii. 3114/02 Normative study of educative ability on SPM and APM in service personnel. Frontal lobe dysfunction in schizophrenia A Neuropsychological Study.Principal Worker. Funded by AFMRC
- iv. 3224/2004 Comprehensive psychological assessment and management of amputees in services. Principal Worker. Funded by AFMRC.
- v. 2006 A study of Neuro-psychophysiology of depression. Principal Worker.
 Funded by AFMRC.
- vi. 3783/2008 Immunological response in Depression. Principal Worker. Funded by AFMRC.
- vii. AFMRC Project 2009-2011 Cross-sectional study of PsychologicalCorrelates of Adaptation,Coping and Quality of Life in the HIVSeropositive Cases. Principal Worker
- viii. Project 2010-2015 Development and standardization of psychologicalassessment procedure. Principal Worker Funded by AFMRC
- ix. AFMRC Project 2012-2014 On Development of QualityofLife Scale and Psychological Well being A Multicentered study. Principal Worker Funded by AFMRC
- x. **4514/2014 AFMRC** Cognitive behavior therapy in alcohol dependence cases -Principal Worker 2014
- xi. Study of prevalence of Scholastic Backwardness in schools of urban cantonment
- xii. Randomised Controlled Trial of depression on CBT and IPT Principal WorkerFunded by AFMRC 2017

ARMED FORCES MEDICAL RESEARCH COMMITTEE (AFMRC) RESEARCH PROJECTS AS CO-WORKER

- i. Cognitive deficits in HIV Positive Armed Forces Personnel A Neuropsychological Study Funded by AFMRC Co Worker.
- ii. 3080/01- Presumptive stressful life events in service personnel. Constructed a life events scale. Funded by AFMRC Co Worker.
- iii. 3081/01. Alcohol and Aldehyde Dehydrogenase genotypes and personality correlates in alcohol dependence syndrome. Funded by AFMRC Co Worker.
- iv. 3112/02. Rorschach norms for old age Indians.Funded by AFMRC Co Worker.
- v. 3148/02. Ecology of stress among serving soldiers. Educational material and
 CDwas prepared based on the project Funded by AFMRC Co Worker.
- vi. 2002 Trace elements in depressive disorders AFMRC Project. Funded by AFMRC Co Worker
- vii. 2004 Serotonin System Abnormality in Depression Co- Worker. Funded by AFMRC
- viii. 3775/2008 Study of prevalence of Psychiatric disorders in School going Adolescents in Cantonment School. Co Worker Funded by AFMRC
- ix. 3774 /2008 Creation of Central Registry of Psychiatric Disorders Among Service Personnel. Co Worker Funded by AFMRC.2008 Psychological Correlates of Psoriasis. Co Worker Funded by AFMRC
- x. 2008 Assessment of Cognition in Extreme Climatic Conditions Co Worker
 Funded by AFMRC
- xi. 3809/2008 Psychological Benefits of Yoga in Troops. Co Worker Funded by AFMRC
- xii. **4025/2011** A prospective Study of Neuropsychological Deficit and Cognitive Retraining in Patients of Traumatic Brain Injuries (TBI
- xiii. **4618/2015** Longitudinal study of First Episode Psychosis.
- xiv. 4622/2015 Enhancement of awareness of troops
- xv. Coping of parents of children suffering from cancer AFMRC Project
- xvi. AFMRC Project 5017/2019 Establishment of Cohort in Armed Forces Medical

College for lifestyle diseases

c) ICMR Projects

- **ICMR Project** Evaluation of psychological risk factors in Ischemic Heart Disease. Guide for under-graduate medical student
- ICMR Project. Psychological Health of Medical Students 2007
- ICMR Project Psychosocial Correlates of HIV Seropositive Personnel 2008

d) Departmental Project

- Quantification of Stressful Life events in Service Personnel. Life events were identified, items were generated and pilot study was conducted.
- Development of Emotional Intelligence Scale for Undergraduate Medical Students.

3. APPOINTMENTS/POSITIONS AT NATIONAL LEVEL

- Member of National level task force on Stress Management
- Invited as Departmental Expert of Assessment Board for promotion of Scientists in at Recruitment and Assessment Centre Timarpur Delhi
- Invited member as panelist for the discussion on selection criteria of police personnel in the Maharashtra State Government on1stApril 2009 Ministry of Home and Security
- Member of expert group Union public Service Commission
- Member of expert group Rehabilitation Council of India.
- Core Committee Member of Promotion of Scientists in DRDO at RAC Delhi
- Departmental Representative of promotion of Scientists
- Interview Board Member of MBBS Selection process at AFMC,Pune
- Interview Board Member of Selection process of Principal of Army Law College Pune.

<u>Residence</u> -602, LaburnumPark, Magarpatta City Pune – 411013

<u>Phone</u>

9637181068 (Mobile);email ID kalpanasrivastava@hotmail.com

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- 158 Coping with the aftermath of COVID: Industrial resurgence, mental health, and resilience Kaushik Chatterjee, Ankit Dangi, Jyoti Prakash, Kalpana Srivastava, Vinay Chauhan, Prateek Yadav Year: 2021 | Volume: 30 | Issue: 1 | Page: 175-178
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INVITED SPEAKER AS RESOURCE PERSON INNATIONAL AND INTERNATIONAL SCIENTIFIC FORUMS

1. Resource person on **Counseling in HIV /AIDS** Workshop on Training the Trainer Paradigm Under WHO initiative , organized by Department of Psychiatry AFMC Pune.

2. Resource person on **Counseling in HIV /AIDS**Workshop on counseling skills at Department of Preventive and Social Medicine, AFMC, Pune.

3. Resource person and panelist on **HIV /AIDS Issues for women**,during workshop on IEC activities organized by Department of Preventive and Social Medicine, Armed Forces Medical College,Pune.

4. Resource person for **HIV /AIDS and Adolescence** in West Zone Vice Chancellors Conference at University of Pune.

5. Conducted workshop on **Stress Management** for officers of National Academy of Financial Management Pune.

6. Conducted workshop for Industrial Psychiatry Association on **Communication Skills** and Interpersonal Relations at Ranchi.

7. Conducted Workshop on **Self Awareness** for Managers at Jansons School of Business, Coimbatore, under the aegis of Indian Association of Clinical Psychologists.

8. Conducted workshop on Adaptation, Interpersonal relations, Leadership and Stress Management for Managers at National Academy of Defence Production Nagpur.

9. Resource person for **Communication skills** in Medical Education workshop.

10. Resource person for 'Emotional Challenges in Adolesence' in Symposium organized by Medical Society of B J Medical College Pune

11. Invited Speaker for **Emotional problems and Management** at Trissure During National Annual Conference of Indian Association of clinical Psychologists.

12. Conducted workshop on **Leadership and Group Behavior** for Institute of National Integration CME Pune

13. Invited speaker on **Group Behavior leadership and Morale** for officers atInstitute of National Integration College of Military Engineering.

14. Speaker on **Psychological Assessment and computers** during CME on Recent Advances in Psychiatry 0n 24-25 Jun 2006

15. Invited speaker during CME on **Managing Interpersonal Relations** in College of Nursing

 Guest Speaker during 32 nd Annual Conference Research Society OF B J Medical College ,Pune and Sassoon General Hospital , on Adolescence a Challenge Pune
 17and 18th Feb 2006

17. Participated in Annual National Conference of Indian Psychiatric Society(ANCIPS) 2006: 05-06 Jan 2006

18. Participated in **Asia Pacific Military Medicine** conference on 30-31 Mar 2006 at New Delhi

19. **Chaired Scientific session** during National Annual Conference of Indian Association of Clinical Psychologist in 2006 at Jaipur

20. Speaker during National Seminar on Emerging Paradigm in Psychology22nd23rd September 2006 at DIPR Delhi

21. Invited Speaker on Emotional and behavioral Issues and Mental Health Concerns of Adolescence DuringNational Annual Conference Association of Industrial Psychiatry of India 2007 Conference at Kota

22. Invited speaker on Leadership and Organizational Effectiveness National Annual Conference Association of Industrial Psychiatry of India 2007 Conference at Kota

23. Resource person for Symposium on Terrorism at NACIACP 2008 Kolkata
24. Resources for Computerized Testing at International conference on
AssessmentDelhi DRDO 2008

25. Spoke on Stress Assessment at International Conference on Psychological Assessment 2008 at DRDO Delhi.

26. Resource Person on Suicide Assessment at Continuing Education Programme DIPR 2008 Delhi

27. Invited Speaker during Recent Advances in Psychiatry CME 2008 Pune
28. Invited Speaker on Counselling for HIV National seminar by NARI 2008
29. Invited Speaker on Perpatrators of Domestic Violence during CME on Family
Mental Health at INHS ASWINI August 2008

30. Invite speaker on Legal Protection of Clinical Psychologists at NACIACP 2009

Hyderabad

31. Resource person for Symposium on psychological aspects of Rape during ANCIPS 2009

32. Invited speaker at State Level Seminar Maharashtra on Clinical use of Psychometry organized by SP College Pune21st Jan 2009

33. Invited Speaker During CME on HIV AIDS Peer Education and Counselling

Workshop Organised by 92 Base Hospital Aug **2009**

34. Invited speaker on **Psychological aspects of Rehabilitation after Amputation**, during CME at Artificial Limb Centre Pune 5 Dec 2009.

35. Invited SpeakerWorkshop for the psychologists on Selection of Potential Officers :Challenges in Psychological Assessment 2010, Services Selection Board Bhopal deliberated on Assessment of adolescence; Issues and challenges.

36. Invited speaker in USV Learning Initiative Pune Chapter on PG Development program on Informed consent and psychotherapy in Clinical Practice.Aug 2010.

37. Presented **Best Paper on Military Psychiatry Col Kripal Singh Award** Of Indian Psychiatric Society **ANCIPS 2010**.

38. Conducted workshop on Adolescent Mental Health during World Mental HealthDay Celebrationin Government Schools in Pune Oct –Nov 2010.

39. Speaker in Workshop at **Armed Forces Medical College organized by Department of medical Education** April **2010**

40. Resource PersonIn workshop on **Adolescent Mental Health Perspectives and Challenges in School Mental Health Program at Annual National Conference of** Indian Psychiatric Society Jan **2011**

41. Resource PersonIn workshop on **Gray Areas in Psychiatry**at Annual National Conference of Indian Psychiatric Society Jan **2011**

42. Resource Person **on Motivational Enhancement Therapy** and Chaired session during PG Development Program at Kota IPS Chapter Aug 2011.

43. 42.Presented Paper on Psychosocial Correlates of HIV at **13**th International Congress of International Federation of Psychiatric Epidemiology March **30**th April 2,2011. Kaoshiung Taiwan.

44. Resource person in symposium on Military Psychiatry Specialty section at ANCIPS 2012 Kochi

45. Resource person on Resiliene and well being at CME on "Frontiers in Psychiatry: Mind, Molecule & Milieu" Psychiatry at AFMC 16-18TH JULY 2012

46. Annual National Conference of Indian Psychiatric society 2012 Presented paper on Modern parenting during symposium on speciality section of Military Psychiatry

47. Chaired Scientific Session on Therapy during Indian Association of Clinical Psychologists-2012

48. Scientific Secretary during CME and National Conference of Military Psychiatry 2012, at AFMC, Pune

49. Resource person on Resilience and mental health during CME on Mind Molecule and Milieu 2012 at AFMC Pune

50. Organized workshop on Rorschach Psyhodiagnostic Test during CME on Mind Molecule and Milieu 2012 at AFMC Pune

51. Invited Speaker during PG Development Program Under the aegis of Rajasthan

Chapter of IPS Motivational Enhancement TherapyKota IPS Chapter Aug 2011 52. National Annual Conference of Indian Association of Clinical Psychologists Symposium: Evidence based psychological formulation and intervention

53. CME on 'Resilience in Life from Juniority to Seniority during CME on world Mental Health Day on Well Being of Doctors in making at Peoples College of MedicalSciences and Research Centre, Bhopal5th Oct 2013.

54. Organized SymposiumSymposium on salience and Variance in Alcohol Dependence Cases and on Scholastic backwardness during Annual National Conference of Indian Psychiatric Society Jan 2014.

55. Organized workshop on Cognitive Behavior Therapy during ANCEMP 6 tO 7TH Sept 2014

56. Organized workshop on cognitive rehabilitation during ANCEMP 2014

57. Invited Speaker at Annual National Conference of Association of Industrial Psychiatry of India, 19th -30th Oct 2014

58. Invited speaker on Life style and quality of life during National Seminar in Symbiosis Pune during 18th Dec 2014

59. Invited Speaker of Indian Association of Child and adolescent Mental Health ,Speaker ad chaired session 2015

60. Panelist during World mental Health Day celebration 17th November 2016AFMC Pune

61. Panelist during World Health Day On 8th April 2017 Presented on Psychotherapy during NACIACP 2017 -26TH to 29TH Jan 2017

62. Speaker on intervention during Indo UK Project Meet at DIPR

63. Chaired session during International Conference on Trends in Clinical Psychology 17th -19th Nov 2016 held at NIMHANS

64. .Annual National Conference of IACP Coimbatore 26th Jan to 29th Jan 2017

65. Speaker and chaired session

66. Panelist at International conference on Cognitive Behavior therapy held atAIIMS New Delhi March 6-9 2017

67. Chaired Scientific Session at Annual National Conference of Indian Psychiatry Society 2018 Ranchi 5th -8th Jan 2018

68. Chaired Award Session at Annual National Conference of Indian Association of Clinical Psychologists held at Gautam Buddha University UP,23-25th Feb 2018.

69. Speaker at National Conference on Psychological well being and Quality of Life at GnanPrabhodhini

70. Annual National Conference of Indian Association of Child and adolescentMental Health,Speaker and chaired session

71. Chaired session during International Conference on Trends in Clinical Psychology 17th -19th Nov 2016 held at NIMHANS

72. Annual National Conference of Indian Association of Indian Association of Clinical Psychologists at Coimbatore 26th Jan to 29th Jan 2017

73. Speaker and chaired Award session

74. Panelist at International conference on Cognitive Behavior therapy held at AIIMS New Delhi March 6-9,2017

75. Attended meeting of Collaborative project of Indo UK DRDO at DIPR

76. Invited as an Examiner for M phil Clinical Psychology at Central Institute of Psychiatry Ranchi 16th April 2017.

77. Chaired a session during Inter command **CME** held at Base Hospital Delhi Cantt from 14-15 Apr 2018 on "Substance use disorder: Newer dimensions .

78. Partiipated in 3 M module for Medical students at AFM C, Pune.

79. Delivered lecture and organized workshop on Gender Sensitization for students at AFMC ,Pune .

80. Attended Annual National Conference (**ANCIPS -2018 ,6-8 Jan 2018**) at Ranchi and **chaired scientific session** on School Mental Health.

81. Attended Annual National Conference of Indian Association of Clinical Psychologists from 23rd Feb to 25th Feb 2018. **Chaired Award Session** during the Conference (NACIACP -2018).

82. Annual National Conference of Association Of Industrial Psychiatry of India 21^{st-} Jan 2018, Invited Speaker on Resilience and well being and Chaired scientific session.

83. Invited Speaker for "First National Conclave on Psychological Trauma, Child
Protection, and Mental Illness: Directions in Research, Training, & Service
Provision" from 27-28 March 2018 at AIIMS, New Delhi.

84. Invited as an expert for Pre Phd Viva at NIMHANS ,20TH November 2018

85. Invited as an Examiner for VIVA at AIIMS on 31st Aug 2018

86. Invited for National Consultative Meet for enhancing the profession of Clinical Psychology. Held at NIMHANS Bangaluru ON 01ST Feb2019.

87. Chaired Session on 2nd and 3rd Feb 2019 During ANCIPS 2019

88. Attended PMRC meeting at DIPR Delhi on Collaborative Project from 13th to 14th March 2019.

89. Chaired Scientific Session on Kang Oration during NACIACP 2019 AT NIEVD Dehradun on 25th May 2019

90. Core Committee member in Assessment Board of Scientists at RAC Timarpur Delhi on 7th to 8thJune 2019.

91. Invited expert member of selection Board at Southern Command of Principal of Army Law College, Pune, on 16th July 2019

92. Delivered talk on Gender Sensitivity for Command Hospital staff

93. Interview Board Member for selection of medical students from July 2019

94. Delivered Talk on Interpersonal Relationships and Gender sensitivity in foundation course of MBBS Students during 5th and 7 th August 2019

95. Attended Project Review meeting on 9th August 2019 at DIPR Delhi

96. Panelist on IMPACT MJAFI international conference Sep 2019

97. Conducted workshop for soldiers and their families on enhancing resilience 23rd oct 2019 Udhampur

98. Conducted workshop on mindfulness for service personnel 0n 19th Oct 2019

99. Workshop on Mental Health for family welfare meet at AFMC, Pune 2019.

100. Chairperson Award session During 46th NACIACP 2020 at Chandigarh 21-23 Feb 2020.

101. Panelist on Consultation liaison Clinical Psychology panel discussion during46NACIACP Feb 2020

102. Workshop on mindfulness for students of Army Public School in August 2020.

103. Resource person on Positive Mental health Challenges for students of Army Law College on 22nd Dec 2020.

104. National Mental Health Helpline - Invitation– Skills for Counselling through Mental Health Helpline organized by National Institute For Empowerment Of PersonsWith

Multiple Disabilities (Divyangjan) [Dept. of Empowerment of Persons with Disabilities (Divyangjan) MSJ & amp; E, GOI] ECR, Muttukadu, Kovalam Post, Chennai 603 112, Tamil Nadu

105. ChandraprabhaSaikiani Centre for Women Studies ChandraprabhaSaikiani Centre for Women Studies Tezpur University webinar on 'Gender and Mental Health:Coping Mechanisms during Covid 19 crisis' on 30th June, 2020.

106. Delivered Talk on Positive Mental Health and Resilience to HQ Southern Command and affiliated Establishments and Div level commanders on 1st July 2020

107. Invited speaker National Productivity Council under the Department for Promotion of Internal Trade and Industry Ministry of Commerce and Industry On women and wellbeing and Positive mental health 25thJuly 2020

108. Panelist in the Panel Discussion as Workplace exploitation – mental health aspects on 12th Dec 2020 CME AIPI

109. Invited speaker during 18th Annual National Conference of Association of Industrial Psychiatry of India will be held at Dr. D. Y. Patil Medical College, Pune on 5th, to 7th March 2021.

110. Invited speaker on Psychological Well Being during conference of Intellectual and Developmental Disabilities: Recent Advances in Research, Policies and Practices organized byNational Institute For The Empowerment of Persons With Intellectual Disabilities on 30th and 31st March 2021.

111. Delivered lecture on mindfulness for National Board of Examinations Central Post Graduate Training Program in Psychiatry, on 7th April 2021.

112. Women's Indian Chambers of Commerce and Industry Mental Health National Commission invited as a guest speaker on. The topic of 'Mental Health Past present and Future' 12th April 2021.

113. Gender sensitization workshop resource person for Military Medicine Module. April 2021.

114. Conducted virtual workshop for NWWA Naval Women Welfare Association resource person Teachers and COVID 19 Pandemic Coping strategies.May 2021.

115. Panelist On world Schizophrenia Day on 24th May 2021

116. Panelist on 'Caring for the Carer' during second wave of Pandemic in 47NACIACP 2021.29th May 2021

117. Chaired Scientific Invited talk on Happiness questions unanswered duringVirtual conference of 47 NACIACP 2021 28TH May to 30th May

118. Organizing Chairperson 47 NACIACP 2021 28TH May to 30th May

119. Chaired Scientific session on deprescribing in Psychiatry A practical approach during 25th March ANCIPS 2022

120. Invited speaker during 48 NACIACP 2022 on Digital Mental Health Interventions

121. Chaired Scientific Session on Psycho Oration an on Neuropsychological Rehabilitation.

122. Speaker on Strengthening and Resilience Building among deployed soldiers and their families

123. Invited speaker on Mental health literacy during ANCIAPI 2022 16-18TH Dec

124. Invited speaker for Resilience Building at Defence Institute of Psychological

Research

- 125. Invited Speaker During International Conference on Optimizing human Resource held at DIPR during April 2023
- 126. Invited Speaker During First conference on Clinical Psychology Society of India held at NIMHANS Bengaluru August 2023
- 127. Speaker during during Diamond Jubilee International conference on Mental Health 2023 14th to 16th September at PGI Chandigarh
- 128. Invited Speaker On Counselling Training for Officers on 4 th Dec 2023
- 129. Invited speaker during ANCIAPI 2023 pn 15th Dec 2023
- 130. Chaired a scientific session during Diamond Jubilee International conference on Mental Health 2023 14th to 16th September at PGI Chandigarh
- 131. Chaired a Scientific Session during ANCIPS 2024 held at Kochi 18-21 Jan
- 132. Chaired award session during IACP Golden Jubilee Conference at Indore on 10 th Feb 2024
- 133. Invited speaker for delivery of Science Day Oration at DIPR New Delhi Feb 2024

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